



DYNAMIC LIFE COACHING

OPEN YOUR OWN COACHING PRACTICE !

Do you sense that you are ready for something new?



CONTACT US TODAY TO BOOK YOUR SEAT!
TEL. +27 (0)16 341 2974

There is no such thing as failure. There are only results.



PRACTICE AS A PERSONAL LIFE COACH

LEARN HOW TO SET UP YOUR PRACTICE

Learning Outcomes

This learning program / certification process is designed to help you become a high quality practicing life coach, meeting certain standards of competence. These are closely aligned with the professional competencies promoted by COMENSA (Coaches and Mentors of South Africa). Our certification process is designed to test your standards of competence. The core competencies and benchmark levels that the learning program seeks to promote are listed below in this brochure.

At the end of this learning program the delegates should be fully conversant with and be able to apply the following:

- Employ coaching principles and maximize others' efficiency; use different models to coach; question and guide a coachee; ask questions and influence others through the understanding of basic human needs and provide effective feedback to coachees and overcome any potential resistance.
- Open your own practice and get assistance on marketing your own services.
- More than 100 Life Coaching Tools and templates necessary for starting your own Coaching Practice.
- Certification as a Life Coach with the option to register as a Life Coach nationally and/or internationally.

Who Should Attend?

- Aspiring professional coaches, pastors, life coaches, career coaches, Neuro Linguistic Programming Practitioners, pastoral & life counsellors, religious practitioners and sport coaches.
- Business unit managers, leaders, human resource specialists, department heads, team leaders, performance management specialists, mentors & trainers.
- Anyone who wants to support other people in achieving a specific or professional goal.

Course Fee Inclusions

- All training material.
- Lunch & Refreshments.
- Assessment & Certification.
- Secure Parking.
- Entrance to the Virtual e-Learning Center for 6 Months.
- 120 Credits towards Master Coach Certification.
- A free gift valued at R 7 250.00.

Free Gift

- Free website of 5 pages to kick-start any new practice. This gift includes a domain name of choice as well as hosting for 12 months on our servers (99.9% up-time guaranteed).
- More than 100 tools and templates to download.
- A module on building & marketing your practice.
- Free updates on tools & techniques for 6 months.

"This training stands out as the most meaningful and useful both personally and professionally." – Lynn Victor

"I registered my company in August "Open Door Coaching & Training". With LEDISA's assistance it was an easy and affordable process. Went to my first COMENSA gathering last week. It was great". Dorothy Doorasamy

"I am super excited to see how this process assist my clients in changing their lives. And this is sustainable change. I love every minute of my work". Willie Roos

Curriculum

Introduction to Coaching

- What is Coaching?
- Coaching vs Other Disciplines
- Types of Coaching
- Benefits of Coaching
- Ethical Standards
- Qualifications of a Coach
- The Ideal Client

Core Coaching Competencies

- The Senses
- Communication
- Powerful Questions
- Active Listening
- Projecting Yourself
- Silence
- A Coaching Model

Building a Relationship

- Laying the Foundation
- Building Report
- Connect with a Client

Choices & Change

- The Process of Change
- Change Models
- The Power of Decisions
- Motivational Factors
- A Life Vision
- Goals, Milestones & Action Steps

The Mind-Set & Beliefs

- Mind-Set Coaching
- Beliefs
- Belief-Models

Understanding Behavior

- Human Needs
- Life Purpose
- Coaching Around Life Purpose

Obstacles in Coaching

- External & Internal Barriers

Personal Values & Rules

- A Values Driven Life
- A Coaching Value Set
- A Coach's Own Values
- Values-Driven Coaching
- Values & Rules
- Control your own happiness

Coaching Practice

- The Dynamic Wheel
- Worksheets & Tools
- Forms & Documents
- Accreditation, Alliance & Membership

Coaching Practice

- Planning a Practice
- Selling your Services
- Succeeding in Business
- Marketing Truths
- An Internet Presence

Speaker Profile

Leon, the founder of LEDISA Academy (The Leadership Foundation), is regarded as an expert in the development of people in Southern Africa and is a sought-after public speaker and facilitator in the areas of motivation, people development, life transitions, overcoming challenges and increasing a sense of fulfillment and joy in life.

In the area of people development, Leon obtained B.Th. and B.D. degrees Cum Laude at the University of Pretoria and his resume includes a Doctorate Degree in Pastoral Counseling (2007). He further qualified himself as a Master Life Coach, specializing in Christian Neuro Linguistic Transformation techniques as well as pastoral counselling. He is currently part of an international project team researching Christian NLP and Christian Behavioural Conditioning.

As a business coach, he gained valuable experience being part of a project team researching and establishing the first Sasol open cast colliery in Mpumalanga, South Africa, as well as working as a Materials Manager, Marketing Manager & Supply Chain Manager for various companies, including Sasol, Genfood Industries, Master Runners and Agrifood International.

He is currently a member of Coaches & Mentors South Africa (COMENSA), the Association for Neuro Linguistic Programming (ANLP), the American Association of Christian Counselors (AACC), the International Christian Coaching Association (ICCA) as well as the Association of Christian Counsellors South Africa (ACCSA).

His passion for the development of people led to the establishment of LEDISA Academy (Pty) Ltd, focusing on the positioning of people for development and growth through mentoring, coaching, counselling and customized training. Leon is currently the Managing Director of LEDISA Academy (Pty) Ltd as well as Founder of the internationally recognized Life Coach Academy.

Leon is for sure an excellent coach and trainer. Thanks. You are a great inspiration". Mala James

"Somebody should tell us right at the start of our lives that we are dying, and then we might live our life to the limit, every minute of every day. Whatever you want to do, do it now. There are only so many tomorrows".

The Certification Process

- 29 Hours Pre-Reading & Preparation
- 7 Hours Self Coaching (Growth Assignment & Submission)
- Attend the 5-Day Contact Session (48 Lecturing Hours)
- 36 Hours Practical Competency
- Submission of Assignment

Registration Process

- Completion of Enrollment Form
- Confirmation & Billing
- Booking of Seat / Payment of Deposit
- Pre-Reading Material Provided
- Contact Session Attendance
- Practical Assignment
- Assessment & Certification

Terms & Conditions

- Certification as an Accredited Dynamic Life Coach after completion. One hundred and twenty (120) credits towards Master Coach Certification.
- Promotional offer only valid on dates specified and against full payment. Payment Terms do not qualify for promotional offer.
- Free gift only available to delegates after completion and certification.
- Audio and/or video taping of any portion of this presentation is prohibited without prior written permission.
- Payment terms available, providing full payment before commencement of contact session. Contact the admin office for more detail.
- LEDISA Academy (Pty) Ltd reserves the right to refuse admission and/or withhold certification where evidence of payment cannot be shown.
- Course material for pre-reading will be sent by E-Mail or Dropbox after payment. A self-coaching personal growth assessment must be completed and submitted not later than one week prior to commencement of contact session.
- In the event of unforeseen circumstances, LEDISA Academy reserves the right to change the program content, speakers, the venue or the date. In this instance, you will be notified no less than ten (10) working days prior to the event.
- Should the event be postponed, you will have the option to attend the next available date of the relevant event.
- Cancellation of registration after training material sent to delegates will not be accepted. Cancellation fee of 50% of course fee will be applicable in the instance where training material already sent out to the delegate requesting the cancellation.

LEDISA Academy (Pty) Ltd

LEDISA Academy (Pty) Ltd is a leading provider of quality work based learning and training solutions and resources throughout South Africa and abroad, from Government funded skills training, corporate training, personal development, coaching, mentoring, counselling, bespoke professional qualifications through to employability services and the development of people through growth and quality training course material. LEDISA Academy (Pty) Ltd is an accredited training provider registered with SAQA (ETDP SETA, SSETA & TETA), as well as a Registered Training Institute with COMENSA (Coaches and Mentors South Africa).

LEDISA ACADEMY (PTY LTD)

Tel: +27 (0)16 341 2974 - Mobile: +27 (0)71 103 7444

Web: <http://www.leadershipinstitute.co.za>

E-Mail: info@life-coach-academy.com